

Elevate your expertise, expand your teaching knowledge, and benefit from topics aligned with the latest research in education. Customize a blend of elevated professional development, observation, coaching conversations, and/or direct modeling to deepen the implementation of Harmony Curriculum with fidelity.

Training	Description
Coaching for Success: Implementing Harmony Curriculum in Your Classroom	<p>This personalized coaching session focuses on supporting educators as they implement Harmony Curriculum, a comprehensive program designed to foster skills and competencies and positive behaviors in students. Through coaching, educators will receive tailored guidance on how to integrate Harmony's core principles into their unique classroom environments, enhancing both student engagement and emotional development.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Provide educators with practical strategies to promote emotional regulation, empathy, effective communication, and conflict resolution skills within their classrooms. • Offer constructive feedback, problem-solving support, and actionable steps to deepen the teacher's understanding and application of the curriculum. • Empower educators to confidently adopt and model Harmony Curriculum's principles, ultimately creating a more supportive, engaging, and healthy learning environment.
Bringing Harmony to the Classroom: Modeling Harmony Curriculum in Action	<p>During the modeling session, the coach will model various classroom activities, techniques for promoting emotional regulation, conflict resolution strategies, and ways to foster empathy and respectful communication among students. By observing live demonstrations, educators will experience firsthand how to integrate the core principles of Harmony Curriculum into their daily teaching routines, fostering a positive and supportive classroom environment that nurtures students' wellbeing.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Demonstrate how to effectively implement Harmony Curriculum in the classroom by modeling key strategies and best practices. • Provide educators with the opportunity to observe how these methods can be seamlessly woven into lessons, interactions, and classroom management, making them an integral part of the learning experience.
Strengthening Family Engagement: Effective Practices and Action Steps	<p>Effective family engagement is essential to building strong, supportive communities. In this training, participants will explore best practices for engaging families, leverage available resources, and develop actionable steps to enhance family involvement. Using resources from Harmony Academy as a guide, attendees will gain practical strategies to foster meaningful connections between families and schools, ultimately supporting the well-being and success of all members.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Identify effective family engagement practices that strengthen community relationships. • Leverage family engagement resources and tools, including Harmony at Home, to promote positive connections. • Create actionable steps to improve family engagement and involvement within their own communities.

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Addressing Bullying Behavior	<p>Helping students who are involved in bullying behavior develop their prosocial skills contributes to a positive classroom environment. In this training, you will learn best practices for intervening and resolving bullying scenarios.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Identify the steps for intervening when bullying occurs. • Explore approaches to help resolve situations involving bullying. • Examine actions to take to help students grow from a bullying experience.
Recognizing Bullying Behavior	<p>No one wants to find out that bullying is taking place in his or her school. In this training, you will learn to identify the presence of bullying so that it can be addressed promptly.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Examine the criteria for determining if behaviors constitute bullying. • Explore the causes and effects of bullying. • Explore best practices for identifying bullying in your classroom.
We Belong: Fostering Healthy Relationships with Harmony	<p>A sense of belonging is essential for creating environments where individuals feel welcomed, accepted, and valued. In this training, you will explore how to cultivate belonging through intentional relationship-driven practices that promote awareness, empathy, communication, and problem-solving. Participants will gain practical strategies to enhance interactions and support the development and well-being of individuals in a variety of settings.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Understand the importance of belonging in fostering positive environments for individuals. • Learn how to implement relationship-driven practices to strengthen connections among participants. • Receive practical tools and strategies for integrating quick, impactful connection exercises into daily activities.
Developing Behaviors for Cooperative Learning	<p>Supporting students' prosocial behaviors is an important step in preparing them for cooperative learning. This training helps you improve your ability to identify and teach these behaviors.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Determine behaviors needed for effective cooperative learning. • Examine best practices for teaching prosocial behaviors.
Self-Compassion and Emotion Regulation for Educators	<p>This training reviews the importance of self-compassion and key strategies for emotional regulation and explores the different settings educators need to self-regulate and attend to their emotions.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Practice self-compassion. • Identify when you are emotionally activated in the learning environment. • Choose strategies that help you process and regulate emotions (emotion regulation). • Use strategies to help you connect thoughts, feelings, and actions (cognitive reframing). • Plan for intentionally engaging in self-compassion and emotion regulation strategies.
Coping with Teacher Stress	<p>Stress is natural in teaching. This training includes strategies to help you thoughtfully cope with work-related stress and improve your physical and mental well-being.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Explore how stress affects teachers. • Identify the causes and symptoms of teacher stress. • Explore strategies to help cope with stress.

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Understanding the Brain to Get to the Heart of Healthy Relationships	<p>The ability to accurately recognize one's own emotions, thoughts, and values is essential to understanding how they can influence our behavior. This training reviews how the brain functions in relation to our emotional responses to external stimuli and the way that our emotions direct our attention, energy, and actions.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Practice self-awareness by identifying your emotions, their cause, and their physiological and behavioral impact. • Determine whether your responses to emotions, decisions, and interactions align with your values. • Model self-awareness to make a positive impact on others. • Apply teaching practices that promote the development of self-awareness in students to influence learning and strengthen engagement.
Understanding the Impact of Trauma on Youth	<p>To provide meaningful support to students, teachers must first understand what trauma does to kids. In this training, you will describe the biological, emotional, and academic effects of trauma as well as common symptoms.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Define key terms associated with trauma and adverse childhood experiences (ACEs). • Describe the ways in which traumatic exposure can affect a child's developing brain. • Describe the ways in which traumatic exposure can affect a child's behavior. • Describe the ways which traumatic exposure can affect a child's cognitive functioning and academic performance

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Teachers as Agents of Change	<p>Agents of change understand that teachers can challenge inequity by making their instruction responsive to students. This training is designed to help you understand and use culturally responsive practices in the classroom.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Contrast the identity of "teacher as technician" with "teacher as agent of change." • Identify key dispositions and mindsets needed to act as a change agent. • Operationalize the role of change agent by enacting culturally responsive teaching practices.
Teaching Students Empathy	<p>In this training, you will learn what empathy is, why it's important to foster in the classroom, and what specific actions you can take to develop a more empathic environment.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Explore ways to model, establish, and nurture empathy with students.
Supporting Trauma-Exposed Students	<p>Through their daily work, teachers can help traumatized children heal. In this training, you will learn different strategies to provide academic and behavioral support to children who have experienced trauma.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Describe the role of schools and teachers in supporting trauma-exposed youth. • Identify and describe strategies for providing behavioral support to traumatized students. • Identify and describe strategies for providing academic support to traumatized students.
Addressing Barriers to Parent Involvement	<p>This training examines barriers to the formation of effective teacher-parent partnerships, with a focus on overcoming bias.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Identify common barriers to the formation of effective teacher-parent partnerships. • Identify ways to remove these barriers and build positive relationships with students' parents.

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Strategies for Communicating with Parents	<p>In this training, you will learn research-based strategies for communicating successfully and productively with parents. These strategies are helpful in all communications but can be especially valuable in difficult ones.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none">• Identify strategies for effective teacher-parent communication.
Strategies for Engaging with Parents	<p>Research has repeatedly shown a strong, positive relationship between parent involvement and student achievement. In this training, you will learn concrete strategies for engaging parents and building partnerships to support students.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none">• Identify key strategies for engaging students' parents.
The Importance of Working with Parents	<p>Parental involvement in a child's education has a positive impact on academic achievement, behavior, social development, and overall well-being. This training explores the different ways parents can be involved and the importance of teacher outreach.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none">• Identify different forms of parent involvement.• Explain the importance of parent involvement.
Harmony Academic Integration: Practical Strategies for Meaningful Growth	<p>Discover how Harmony academic integration empowers educators to weave intra- and inter-personal skills into everyday academic instruction - enhancing student outcomes while fostering positive, relationship-driven classrooms. In this training, participants will explore practical strategies and tools that make Harmony's social, personal, and academic integration both sustainable and impactful. Together, we'll examine how embedding Harmony learning goals into academic lessons, and vice versa, supports students' success, strengthens classroom community and promotes wellbeing.</p> <p>Learning Outcomes</p> <ul style="list-style-type: none">• Explore the connection between intra- and inter-personal relationship skills and improved academic outcomes.• Learn practical strategies to integrate Harmony Curriculum into academic content areas.• Apply strategies that promote healthy relationship skills and encourage a positive classroom environment.